**NCNAA Schedule for A and B Days**

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| **TIME**  | **Class Periods for A Days and B Days**  |
| 8:15-9:45  | 1st Period (A Days) and 5th Period (B Days)  |
| 9:45-9:55  | TECHNOLOGY BREAK  |
| 9:55-11:25  |     2nd Period (A Days) and 6th Period (B Days)  |
| 11:25-11:55  | LUNCH  |
| 11:55-1:25  |     3rd Period (A Days) and 7th Period (B Days)  |
| 1:25-1:35  | TECHNOLOGY BREAK  |
| 1:35-3:12  |     4th Period (A Days) and 8th Period (B Days)  |

**NCNAA Schedule for C Days**

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| **TIME**  | **Class Periods for C Days**  |
| 8:15-8:55  | 1st Period   |
| 8:55-9:00  | BREAK  |
| 9:00-9:40  |                           2nd Period  |
| 9:40-9:50  | BREAK  |
| 9:50-10:30  |                           3rd Period  |
| 10:30-10:35  | BREAK  |
| 10:35-11:20  | 4th Period  |
| 11:20-11:25  | BREAK  |
| 11:25-12:10  | 5th Period  |
| 12:10-12:40  | LUNCH  |
| 12:40-1:25  | 6th Period  |
| 1:25-1:30  | BREAK  |
| 1:30-2:10  | 7TH Period  |
| 2:10-2:15  | BREAK  |
| 2:15-2:55  | 8th Period  |
| 2:55-3:15  | Study Hall/Home Teams  |

**Instructional Breakdown: Approx. minutes per day**

Synchronous live lessons: 130 – 160 minutes

Asynchronous independent work: 130 – 160 minutes                                                                                       Intervention/Live support: 20 – 50 minutes (will vary)